

**ROCKINGHAM  
DISTRICT  
HOCKEY CLUB**



**20  
19**





## *2019 Premiers* **MENS O/50 DIV 3**

*Congratulations*

*...TO ALL OUR FINALISTS*

J 11/12 A PROM BOYS: Semi Finals  
J 11/12 B BOYS: Semi Finals  
J 9/12 A PROM GIRLS: Semi Finals  
J 9/10 C BOYS: Semi Finals

PROV 2 GOLD WMN 2'S: Grand Finalists  
PROV 3 GOLD WMN 3'S: Grand Finalists  
WMN O/35 DIV 3: Grand Finalists  
PROV 2 GOLD MEN 3'S: Semi Finals  
PROV 4 GOLD MENS 4'S: Semi Finals  
PROV 4 SAND MEN 5'S: Pre-Lims

**WOMANS PROV 4 GOLD**

*2019 Premiers*





*2019 Premiers* **J 7/8 A PROM GIRLS**

*Congratulations*

...TO ALL OUR FINALISTS

**J 9/10 A RES BOYS**

*2019 Premiers*





# Presidents Report

**“...the 1<sup>st</sup> of October 2020 is being planned as the start date for our new turf...”**

I would like to thank our hard-working Board Members and the group of dedicated Junior Committee Members, all team Coaches and their Managers for their work getting our teams onto the fields, so the rest of us can enjoy what it is all about... playing hockey...

My biggest concern for our club going forward is the desire to be sociable. Our revenue will continue to fall because of reduced fixtured games. Our only other revenue is facility profit and fees. Most sports clubs seem to be in the same predicament and are having constant problems of finding revenue dollars at the same time as trying to keep fees low. Our Board Members do not want to increase fees, therefore we must find a way to encourage facility participation.

This year our club has seen the installation of our new scoreboard. Thanks to Neville Ford and Tom Hunter for their support installing it and to Paul Ingram for finding sponsors for it.

Our new Digital Trophy Cabinet is up and running. Huge thanks to Georgi and Kaylee for their brilliant effort of ensuring our clubs history has a place to be displayed. This is now an ongoing tool to improve on and display more history. I ask all members if they may have old photos of achievements and/or premierships, to scan them and send them in with the names of people in the photos. This will help us immensely in the continued collation of our historic records and broaden our Digital Trophy Cabinets capabilities.

Our main future project is, of course, the resurfacing of our turf. This has been a long and hard process.

Discussions went very well, with the 1st of October 2020 being planned as the commencement date. Talks with the Rockingham Council have proceeded very well and I am trying to convince them of the merit of a turf design with two lots of training circles, so our training can be done from west to east, as well as the need for netting behind the goals on the east side (the non grandstand side).

**“...will  
endeavour  
to try  
another  
approach  
to  
improve  
member  
participation  
at club  
level...”**

Also in the project, is consideration for the latest water cannons, to take away the necessity at times to use our water hoses.

The Council's commitment was for \$220k and ours, at present, is \$170k plus. There may very well be more for us to contribute, so the new Board will need to be very cautious with our budget.

As mentioned previously, our financial difficulties were the fault of previous poor planning. We are now trying to put in place with the Council a tool that will secure all future turf replacements beyond the 2020 replacement. We will enter into negotiations in setting up a yearly payment, by RDHC to the Council, taking it out of the hands of the future Boards. As a yearly expense, we will need to budget for it.

With this project, other possible projects for RDHC to arrange, is the improvement of the technical bench dugout and increasing the size of the walk wells on entry to the turf.

In 2020, we the Board, will endeavour to try another approach in improving member's participation at club level. In our bylaws we have in place a clause that allows the board to insist the Coaches and/or Managers of all teams become members of various sub-committees. One very important sub-committee is for our social events. Team participation via Coaches/Captains/Managers will see all teams active with social meetings and activities. This may mean some teams may wish to arrange a couple of participants to spread the load and responsibility.

This season, for the first time, we closed the bar because of no Bar Manager's being available. This may happen more next season, unless we get Senior Members to become Bar Managers. There are no Seniors, other than Vets, with Bar Manager licenses. We need at least 4 to 6 to make things easier.





**“...Junior wise, our club has a large task ahead and we need as many people as possible to help...”**

The 2020 lineal system that will come into play, will help our club regroup. It will give our club a chance to develop our teams with experienced Seniors helping the great influx of Juniors into higher grades. It will definitely be to our advantage. I expect all our Senior teams will be very competitive next season. It will give all our new young Senior players a chance to develop into top teams in the future.

Junior wise, our club has a large task ahead and we need as many people as possible to help.

We need help to develop our J5/6 teams for next season. We must get into schools and find more young players, otherwise all the good work of previous years will be undone. I ask any members that are teachers, if you could see our Junior Director David Buckley or John Wood, with contacts in your school that we can liaise with about the possibility of allowing coaching teams, into the school. We had no J5/6 boys this year and had to pull out one of our J7/8 Boys teams. The girls, although we filled the teams, need more numbers.

Thank you all once again for your efforts, with a large percentage of our teams making the finals, a couple others holding their grade for the good of the club and our finances finishing the season in the black. I believe it's been quite a successful year on and off the field.

**- Alan Mills**







# J 7/8 A Prom Girls

2019 J 7/8 A Prom Premiers

Wow, what an amazing 2019 season it has been for the J7/8 A Promotion girls. We are PREMIERS!

That's 16 games all season, including finals, for 13 wins and 3 losses. The girls were goal hungry each and every game and their hard work has earned them a total of 51 goals scored for and only 10 goals scored against. That is an average of scoring 3 goals a game, which is an awesome accomplishment from this group of young ladies.

Our first loss of the season came against UWA 1-0 on their home grass, It wasn't the cleanest of games, but you could tell that as soon as the whistle went for the end of the game, the girls were eager for their rematch against UWA on our home turf. When the time came to play UWA at home, you could feel how badly the girls wanted to beat them. You could see it in their warm-up. What a game it was to watch. We absolutely dominated the field in both attack and defence. Everything seemed to be connecting, every pass, every tackle, every shot at goal. The girls took control of the game from the start and we won that game 7-0 and could've had plenty more goals on the board, but the UWA goalie held her ground and kept us to only 7; she had some incredible saves. This was one of my favourite games to coach for the season, not because we won, but because I could see how badly the girls wanted to win this game and how hard they worked in order to achieve it.

Some of the key factors that enabled the young ladies on their almost perfect year, would definitely be the respect, trust and friendships that developed early on in the season. We didn't have groups of friends, we had an entire team who loved each other's company both on and off the field. This group of young ladies was an absolute dream to coach. They played hard, they trained hard. Everything they set out to do was done with 110% effort.

**"...We  
are  
Premiers!  
..."**

**"...everything  
they set  
out to do,  
they did  
with  
110%..."**

September the 19th, 7pm, Rockingham vs Hale. Grand Final time. What a game this was to watch and be apart of! The grandstand and turf walls were a sea of red and black. What an amazing feeling it was for the girls to see that the crowd was behind them. The Rocky girls had a slow start, with Hale dominating the first 5 minutes of play, but we soon woke up and started playing our game. Throughout the 60 minutes, both teams had plenty of goal opportunities, but defence was strong and on their game. By the end of full time, each team had only conceded 1 goal, meaning we were going into extra time. Golden goal for the tiebreaker, 2 x 5-minute halves with 30 seconds break in between. With 1 minute left to go in extra time, the scores were still locked down at 1-1. Hale had worked themselves into our defence circle and were ready to take a shot on goal but Rocky defenders jumped into action, stealing the ball back and working our way up the field with short, quick and accurate passes. Before we knew it, there were 25 seconds left on the clock and Rocky was now in Hale's defending circle. After the perfect string of passes up the field, we were doing a textbook baseline run to make a simple pass to a player near the spot to slot in the game-winning goal with 20 seconds left. The way the supporters, Managers, Coaches and players erupted in excitement when we won is a moment the young ladies will never forget!

A huge thank you to everyone involved this season within the team both on and off the field, especially to Matt Rutter and Kevin Grinham. You gentlemen made it extremely easy for me to concentrate on coaching the girls and I really appreciated everything you both did for the team!

I couldn't be more proud of the way this group of young ladies performed this season!

*- Jade Vorenberg*





## J 7/8 B Gold Girls

For the first half of the season, the girls really struggled with the size and strength of the girls in the opposition teams. The task was made even more difficult as they played most games with the bare 11 players (and some games not even that!). Although under significant pressure from the opposition teams, rarely getting the ball out of their defensive half and not even scoring a single goal, the girls remained positive and continued to develop individually and as a team.

As the season continued, things started to change. With some greater stability in the team structure and positions and more trust in their team-mates, the games became more balanced. Although the score cards did not reflect the closeness of the games, the girls switched from "lucky they didn't score more goals against us" to "we were unlucky not to win that one". In round 7 they finally broke through for their first goal and with it a draw.

A few games later and the result was even better with 2 goals scored and a win finally on the board!

It has been fantastic seeing the girls grow in skill and confidence as the season has unfolded and to see this reflected in the nature of the games and results achieved.

Special thanks to all of the J5/6 and J7/8A girls who have doubled up to help out each week.

**"...the girls remained positive and continued to develop ..."**

*- Dave Belmont Kleingeld*



## J 5/6 A

*“Turn up the radio, what do you hear??  
Redbacks, Redbacks, give them a cheer!!  
We are going to smash them, beat them, that's our passion!!!  
Goooooooooooo Redbacks”*

After 700 mins of game time, 850km of travel and countless lollies and oranges, its time a draw a line at the end of a tough and demanding season for the J5/6 A team.

After an astonishing performance in the Grading Carnival at Perry Lakes we were shocked to discover that the J5/6A team would be playing in the A grade. We always knew from the start that this was going to be a big ask for our girls, nevertheless they stepped up and even in defeat always gave 110 % on the pitch.

The season started with countless emails to Hockey WA to try and allow boys to be part of the girl's team (unfortunately there wasn't enough boys to field a team of their own). We asked for them to grant leniency on the 12 man rule. Eventually, we were granted a permit and by Round 8, Arun was eligible to play! He bolstered our defence and you could see the change and newfound confidence in the team.

Bunbury Carnival was the major turning point of the season. The girl's came back united as a team, with a cheer to get them going at the start of the game! Since then we may have lost, but the goal count is not as high, we even acquired our first points of the season with a draw against NC Raiders. The squad has become stronger in team spirit and confidence. They finally understood the constant yelling of setting the press, marking players and using the width of the pitch.

**“...you could see the change and newfound confidence in the team...”**

**“...as all the team have been so eager to learn this year...”**

**Fairest and Best:** Well what can we say about this little lady, Kobi Turvey? She is determined, courageous and shows no fear. 1-to-1, we know who will win! Her GK skills have improved so much over the season (thank you to Tammy Standley and Roberta Walton). Without her defending our goal, the score most weeks would have been in double digits. After every game, the opposition coach commented on the outstanding performance of the GK. It is no surprise that you are the Fairest and Best, Kobi– well done!!

**Fairest and Best Runner Up:** We welcomed Isabel Cassidy and her family to RDHC from ACT. She was fast and skillful at RW/CF and ran at defenders; a great player to watch. She was soon spotted by the 7/8A's coach and doubled up for them on many occasions. Due to Hockey WA rules, to allow her to qualify for finals she could only play solely for 7/8A. After contract negotiations with Matt Rutter (you still owe me!!), she was sadly moved up. We missed her for the last 4 games of the season, but wished her well for her 7/8A finals- well done!!

**Coaches Award:** This was always a hard choice, as all the team have been so eager to learn this year. For 2019 this award goes to the teams Pocket Rocket Taryn Byrne, tearing through the midfield as CH, tackling low and hard. Even though at YR4 she may be half the size of the opposition, she shows no fear. She listens and wants to learn, practising and studying the techniques of game at home with her sister Caitlyn- well done!!

Our defence showed great development over the season, tackling low and hard and clearing the ball. If you heard a crack, then Chelsea had lifted her head and hit the sweetest ball down the wing from a 16! Arun running 1 at PC, with his speed and firm tackles was fearless.

To our midfield of Atari, Eleanor and Taryn. A strong and determined trio, “Hands Atari” always tracking back at LH to cover and assist in defence.

Our top goal scorer and a very fit individual is Kealy, as RI she ran her heart out on the field! She was confused at the start of the season about the responsibility of RI, but she listed and asked questions, by the end of the season she had nailed it!!

The forward line of Amelia, Isla, Isabelle G and Layla put in 100% running up and down the pitch, linking passes and trying to penetrate the goal. We had some unlucky shots on goal, but they never gave in. Bronte giving her all in any position from half the forward line.



**“...nothing  
was ever  
too much  
for her...”**

This has been a very unlucky season for Caitlyn, plagued with injury and sadly finishing the year in a moon boot! When she was on the field, she was so versatile and willing to play anywhere on the pitch, nothing was ever too much for her. She reads the game well and shows great potential.

And finally the parents, the team super subs! Without their continued support, commitment and dedication the team would not be there every Saturday morning and at training twice a week. To Sally, the unofficial manager, thank you for your help and keeping the team on the right pitch! Amanda for the never-ending supply of oranges. To Neville, Neil, Caroline and James for their assistance on game day and positioning yourself around the pitch to guide the team. It wasn't just Coach yelling at them, it was a Parent Team effort!

*- Rachel Ward*





## J 5/6 B

**“...we turned up at Lark Hill on a Saturday morning and the sun shone on us in more ways than one...”**

This season has been one of learning and growth and there were times in the first few weeks when we played games with only 10 players. It took some time to settle and get used to playing together. During those weeks it would have been easy for some to give up and lose interest, but the team stuck at it. The commitment from parents and players to turn up to training twice a week and make the games on Saturday was phenomenal, particularly with what seemed like an endless number of early morning visits to Perry Lakes.

After 7 games with only 1 draw and 6 losses to our name and not a single goal scored to show for the team's efforts, we turned up at Lark Hill on a Saturday morning and the sun shone on us in more ways than one. The opposition was Westside Wolves, a team that had previously beaten us 3-0 and we expected a similar result. This day would prove different. All the hours spent on the basic stick drills, the tackling and passing drills, the short corner practices and the willingness, positivity and determination of the team to keep going, paid off. The whole team performance clicked into place and we scored. It was a moment of pure joy for the players, the parents and the coach! It was thoroughly deserved. Wolves equalised and it might have signaled a turn in fortune but not this time. What happened next made us all even more proud. Once again, the team dug deep and created another goal, only to have Wolves draw level. That was when the learning and growth as individuals and as a team came through, because this group stepped up and put it all out there! They clinched a 3-2 victory.

Following on from that match, their efforts, improvement and work ethic remained consistently high. Every individual is a better player than when they started this season. The camaraderie amongst the team is immeasurable and extends to include all the J5/6 group. They have a lot to be proud of this season and it has been a pleasure and a privilege to have been on that journey with them.

*- John Wood*



Rockingham  
JS/6 A Girls  
2019



Rockingham  
JS/6 B  
2019





**J 11/12 A GIRLS**



**J 9/10 A PROM GIRLS**



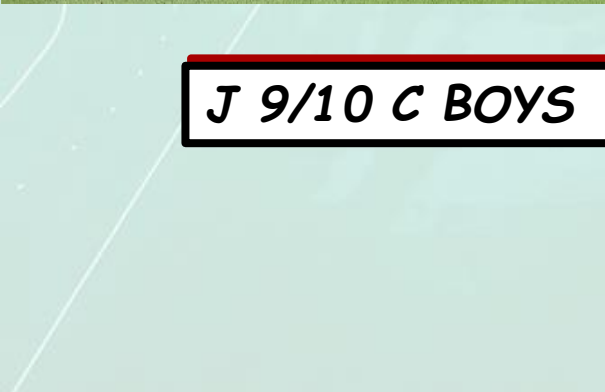
**J 11/12 A PROM BOYS**



**J 11/12 B BOYS**



**J 9/10 A RES BOYS**



**J 9/10 C BOYS**



**J 7/8 A PROM BOYS**







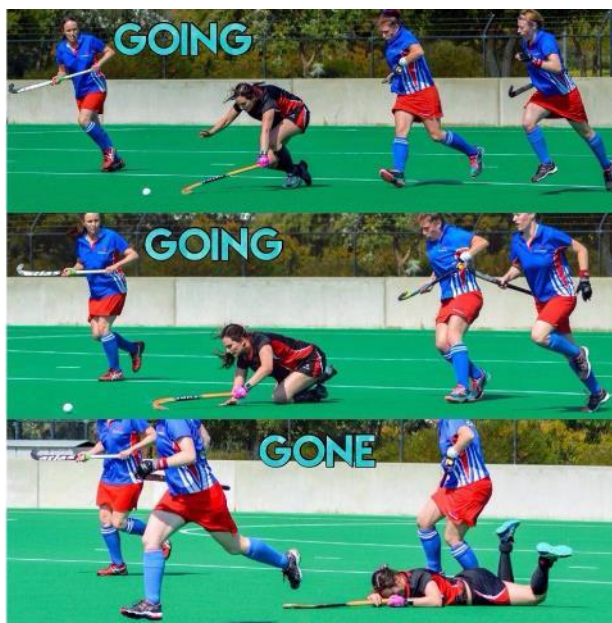
















# WA SIKH MASTERS 7'S HOCKEY TOURNAMENT

*Photo's Courtesy of Barb Nairn*



# WA SIKH MASTERS 7'S HOCKEY TOURNAMENT

*Photo's Courtesy of Barb Nairn*



*MEN'S 5'S FATHER & SON MATCH: 7<sup>TH</sup> APRIL*

*Photo's Courtesy of Barb Nairn*





# Ladies 2s

2019 Prov 2 Gold Grand Finalists

**“...keep  
this up  
and the  
rest will  
follow  
...”**

Throughout 2019, we have seen some excellent movement of players between all of the Ladies sides, with players being willing to help out in both directions. It has been a pleasure to welcome a number of new faces into the Twos team, hailing from the Threes, Juniors, Vets and Ones. As of the final round of fixtures, we have seen 33 players through the Twos alone, this season, so I would like to extend a huge thank you to all the quality people who have made an effort to assist. It has left me feeling very hopeful of things to come in 2020.

With the goal of promotion in mind for the Twos, 2019 was always going to be a tough season. The team was up for the challenge, but it was made difficult when injuries, holidays and elusive ball crates seemed to rally against us. Nevertheless, the Twos worked hard and have brought home the season locked in second place. We started the season as a steam engine, taking half the game to get going; but we are coming home strong, taking ownership of games from the onset. This is a testament to this great bunch of ladies, who have graciously accepted a few constructive mini tantrums here and there and been open to playing in a more dynamic fashion.

Every game has seen countless scoring opportunities being created, which is why most of my half time speeches ended in the following prediction: “They’re going to lose their legs soon, they’re big girls. Keep this up and the rest will follow.”

Which had about a 99% hit rate.

It has been an absolute pleasure working with you ladies; thank you for keeping it entertaining and competitive. There is a lot to be learned from this team as a unit; experience should never be underestimated.

**“...thank  
you for  
keeping it  
entertaining  
and  
competitive  
...”**

Some memorable snapshots from 2019:

*Sam Lomax* – patiently shutting down a 1v1 breakaway at the top of the D.

*Emma Ross and Melissa Allen* – one spectacular short corner deflection that hit the player and one excellent shot that hit the professional side post (i.e. the nearest misses possible).

*Sara Belmont-Kleingeld* – the greatest, most purposeful goal assist in the history of hockey ;-)

*Deeana Hogan* – leading into space despite specifically requesting that passes get passed to your stick rather than for you to run onto.

*Megan Donovan* – mistakenly trapping the ball on a short corner.

- Sara







# Ladies 3s

*2019 Prov 3 Gold Grand Finalists*

This group of ladies are a real pleasure to be involved with. Really good people who enjoy their hockey, enjoy their team and have a good mix between competitiveness and playing for fun. The juniors that came into the squad found their feet almost instantly and did not let the opposition persuade them. Saying this, once they got onto the turf, they had their game faces on and was a pretty intent mob which, fair to say, got excellent results this season.

Our season started off good, with a 3-0 win over Melville. Even with only 12 players, with 2 of them doubling up to help. As the season progressed we started to get a few more players and lose a few into the squad and by the end of the season we ended up with 14 core players.

The first half of the season saw them playing all but 1 game away, so there was a lot of travelling to do. But they were up for the challenge. Our biggest rival for the season would be the Old Aquinians. After we kicked them out the finals last year, we knew they were going to be tough. Both games we played them, were close with us losing both games by a single goal.

By the end of the season, they ended up 3<sup>rd</sup> on the ladder and knew it was going to be a tough uphill battle if they wanted to play finals. In the first week of finals, they were up against Fremantle 5's team. With 2 early goals to us in the first half, we knew that they wouldn't give up until the final buzzer. They kept coming, but our keeper (Sam Lomax) and our defensive line never gave up and would not let them have an easy shot.

With that game won, we moved our intention over to the next game which would be Canning at the new Fremantle turf; another team that we struggled to win against this season (even though we did not have our full team in either of the games during the season.)

**"...a good mix between competitiveness and playing for fun..."**

**“...the girls played their hearts out and should be very proud of how they went ...”**

This game was played on a turf that neither team had played on, yet from the get-go, both teams would not let up. It wasn't until late in 3<sup>rd</sup> quarter, when we managed to get the lead, thanks to Meagan Phelan. The goal wasn't great but it was enough for us to get into the grand final for a 2<sup>nd</sup> time in as many years.

The grand final game saw them against Old Aquinians up at the Southern River turf. We had a great turn out to support the girls. Even a variety of Spidermen/ women from the spider verse came to cheer them on. While the girls were trying to find their footing in the first quarter, the opposition managed to score a goal off a short corner. Our equaliser came in the 2<sup>nd</sup> quarter when we were given a short corner. It was neck and neck for the rest of the game with our keeper saving anything and everything that was hit at her. Their winning goal came in the last few minutes of the 4<sup>th</sup> quarter. The girls played their hearts out and should be very proud of how they went.

Fantastic season girls- great effort by all. Bring on 2020.

*- Derek Robinson*







# Ladies 4s

2019 Prov 4 Gold Premiers

2019 Prov 4 Gold May Campbell Winners (Minor Premiers)

My Fantastic Fours,

We began our season with players galore. We had 2 people on the bench for our first game of the season... well for most of the game. This was where our numbers began to dwindle... Poor Jo was raced off to hospital with her hand split open, marking the end of her season. Our second game didn't quite have so many players bounding for the turf, with other commitments, such as being away, weddings and births. We struggled through it, managing to get a team together. (Thank you to everyone for stepping up in my absence... you're all legends, and Emilia thinks so too!).

This really marked the beginning of our season. Round 2 saw us recruit numerous Juniors, which then sent our team numbers in the other direction! It was awesome to see not only people coming out of retirement to play, but also making their senior debut.

We began the year with a 1-1 draw, then continued the year with win after win. The girls were absolutely amazing, both on and off the turf, with their team spirit and desire to win. We managed to finish the home and away season with an almost untarnished record of 14 wins, 1 loss and 1 draw, placing us right up the top of the ladder, right where we belong (although I wasn't convinced this would be our final standings for some games... thanks 4<sup>th</sup> quarter bandits!).

We conquered Kalamunda 2 yet again in the semi final to make a quick dash straight into the big dance! We played our final game of the season much like we played all the others, as a team, with the perfect mix of youth and experience, and most importantly, we all had fun bringing home the premiership!

**“...we all  
had fun  
bringing  
home the  
premiership  
...”**

**"...our Juniors, thank you, for not only being our legs, but also for being the future of our team ..."**

As a coach, this is exactly where you want to finish the year. You girls have made me so proud this year and have made my coaching debut better than I could have imagined. We have such a huge range of players (with an age range of almost 50 years!) but we have grown into such a unified team. Our Juniors, thank you, for not only being our legs, but also for being the future of our team. Our not-so-juniors, thank you for being so welcoming to our young girls and teaching and guiding them throughout the season. It really has been amazing to be a part of.

Thank you all for being so awesome, my fantastic 4s, and I can't wait to do it all again next year!

*- Kaelee (KP) Parr*

## **GAZELLE AND THE WINNING GOAL!**







*Remembrance of*

*Things Past*

By **Marcel Proust**  
The Ladies Vets

2019 O/35 DIV 3 Grand Finalists

And so began another season for "The Cheese & Wine Gang" - aka the Rockingham Ladies Vets!

A chronicle of this year's squad, starting in defence. Our amazing goalie, Lisa! Gutsy, determined & reliable - even when she can't see through her glasses!! So good to have her back in the pack, especially as she lives so far away!

Dee is always reliable, a consistent and determined player. Often underestimated due to her subdued nature, she managed to surprise opponents with her solid defensive work and her untiring work rate. Second efforts were never an issue and in the last few matches was seen in the attacking half..... Go Dee!

Ally, our Master of Leisure. She cruises reliably along the backline, although sometimes she dumps us and would rather cruise on a big ship far away! Her fabulous egg sandwiches are undefeated (unlike us) and make up for any absences. Although on one occasion she did leave them at home, we nearly called off the game!

We welcomed back this season Ingrid, after a year off as Uber Mum. She graced the field at RH and added a touch of class and finesse to the pitch and was heard on occasion chastising the opposition for their language and behaviour; "I thought we had left primary school years behind!" or "There is no need for that kind of language!". Oh, how we have missed you Ingrid.

Elleke is hardworking, consistent and a reliable player with enormous experience. She is ever reliable distributing the ball from the centre of the field and contributes to both the defensive and offensive movements on field.

**"...The  
Cheese  
& Wine  
Gang"  
..."**

**“...the  
laughter,  
comradeship  
and wine  
will keep  
the Vets  
going for  
a few  
more  
years  
yet...”**

Even when she is sick, she is willing to play and even put on the goalie gear! Often reminding us of the character Scrat from Ice Age, wherever the ball was, there she was scampering after her prized acorn...sorry ball!!

At full back this season we have the pretty kiwi Roberta B1, with her obligatory top knot. She has been dazzling with her dribbles and sprints up the field, all whilst modelling an array of knees braces and a bag full of new sticks. We hope 'Xena' is a keeper! With her infectious laugh, powerful strike and gammy knee she has still managed to score crucial goals to take us to finals.

Wardy started this season fighting fit after a summer of hammering the gym, playing both Vets and 3's. Alas old age is catching up with her, when she developed a knee problem half-way through the season. She referred to Dr Google and also reluctantly the knowledge of a Dr Knee Specialist. They were both in agreement of her injury....old age! The Specialists suggestion was for her to give up hockey completely, (can't see that ever happening). So in denial and armed with Dr Google, like the good trooper that she is, she finished the season playing with a gammy knee, even if you could hear her rattling with the amount of herbal tablets she is taking and her fancy knee brace. There must also be a calming influence in those tablets as she has managed to avoid being carded all season!

To our longsuffering Manager Bec, who must have been setting epic reminders to make sure we are at the right venue at the right time. We would be lost without you. Although we think maybe it's time she went to the Dr for a diagnosis of why she struggles to pass left. She may have a contagious hockey disease of "Icantpassleftitus!"

The Gazelle, aka Robin to our Batman Sam, is our lovely Tess. Such a gentle yet strong and tough little thing! But even the quiet ones can pick up a green card or 2!! No doubt if we were voting for the most improved, Tess would take the title, 100%!! An absolute pleasure to watch in action with Batman (Sam), tearing through the right, terrifying the opposition with speed and precision!!

Faster than a speeding bullet, more powerful than a locomotive, able to leap tall over the opposition in a single bound. Is it a bird? Is it a plane? No it's Super Sunnette!! Sunette's untiring fitness lifts everyone in midfield and she is always there to support when we can't get back!



Our dynamite super striker Sam, who puts in 110% on & off the field. With age defying fitness and speed, plus a cracking angled shot on the goal! Sam you are an awesome team player and a FOMO, it's been great to have your support on the bench for the last few games, but we miss you on the turf.

With her sophisticated look on and off the field, Lyne is one of the most dedicated players in the team, always ready with an encouraging word when heads are hanging low. She give all us "young ones" hope that we can play for many more years to come. You rock Lyne!

When there is a sudden crack and ricochet resounding at the back of the opposition's net we all know Jen is on the pitch! With Kelly's support from the sideline or bar, there is no stopping the formidable Jen...as she strikes again!!

We welcomed Kirstie "Harry" Potter as our new player this year. She scooted around the forward line with no problems. A goal scoring machine with 5 goals and 1 not allowed because the umpire didn't see her deft touch putting it in the goal...ooh those umpires. Look forward to having her back next year.

Sarah is a wonderful member of the mighty Ladies Vets' team. She epitomises our 'never say die' attitude and has perfected the art of the backward pass, befuddling both the opposition and us on occasion. Part of the Wednesday night Cheese and Red Wine Crew, just don't let her drive to games...."

Many hours were spent in the car on road trips to the games; the famous five of B1, Wardy, Sarah, Kirstie & Sunette rotating the driving in a car pool! This is where our acting Team Manager Sunette was questioned on her team list and rotation of subs and offered different solutions and possibilities!! It was Round 6 and Sarah's turn to drive. She was impressed by her time management and planning but unfortunately had misread the message and had the wrong match time!! Much to the exasperation of Wardy, who sat in the Nav seat and questioned the time, distance and speed of the driver using her best friend Google. Sarah was undeterred and carried on with her leisurely magical mystery tour to UWA, the back seat sitting quietly and stifling their laughter as the time ticked away!! The team arrived with 5 mins to spare, funny to witness as the military Wardy exited the car whilst still moving, followed by B1, Sunette and Kirstie running to the pitch, as the chilled laidback Sarah calmly parked the car and sauntered to the pitch. We played one of the best game of the season and won 5-0. Who needs a team talk and warm up!

**"...age is only a number and with huge heart, determination and a competitive spirit, you can achieve anything..."**





**“...bring  
on 2020,  
even  
though  
majority  
of us  
don’t  
have  
20/20  
vision...”**

The Bench was a busy place to be this season, with both Wardy and B1 taking up a regular position as Coach, both in denial of old knees, using Dr Google, their selection of herbal remedies and array of knee braces to get them back on the turf at any cost! Jen taking a rest with her dodgy ankle after being hit whilst getting in the way of a Super Sam cross. Finally a very sad finish to the season for our Super Striker Sam, who was injured 1 week out from finals by helping out the 1's! A broken thumb to finish the season. Bad luck lady!!

Goal count of 33 for the season has our Super Striker Sam at 6, Jen 5, Kristie 5, Bec 3, B1 3, Sunette 2, Lyn 2, Wardy 2 and 1 for Tess, Elleke, Jodie, Sarah and B2. Green cards for Tess and Bec this year, the only 2 all season?!? Huge respect to Sunette, Tess and Dee for not missing a game and playing all 18 league games and even more importantly having an injury free season!

A big thank you to the other members of Rockingham Ladies who stepped in at our hour of need; Roberta B2, Jodie Franklin and Dee Hogan. B2 willing to fill any spot on the field other than GK and was last seen flying down the wing on her way to score a goal!

We can't forget our umpire, Alan. A big thank you, who despite the weather and intermittent abuse and banter from the Vets has turned up every week. We DO really appreciate your services and hope that you will return next year. When he wasn't available the lovely Kim Carrol from the 3's cut her umpiring teeth with the sympathetic Vets. She keeps coming back so we can't be that bad or is it because her mum gives her no other option!!

Ending the season on a high, finishing 2nd in the league and qualifying for finals again! Age is only a number and with huge heart, determination and a competitive spirit you can achieve anything. The laughter, team comradeship and wine will keep the Vets going for a few more years yet.

Bring on 2020, even though majority of us don't have 20/20 vision!!





**LADIES 1'S**



**MENS 1'S**



**MENS 2'S**

## MENS 3'S



## MENS 4'S



...AND GAV





# *Award Recipients*

## **RISING STAR**

Natasha Keen-Smith

## **SENIOR COACH OF THE YEAR**

Derek Robinson

## **JUNIOR COACH OF THE YEAR**

Jonathon Cooper

## **LIFE MEMBER**

Paul Youlden

## **CLUB PERSON**

Georgi Jackson

## **MENS PROM 1**

BRYAN TAYLOR F&B: Christian Oskam  
R/UP F&B: Brandon Phillips  
TEAM PLAYER: Tom Hunter

## **MENS PROM 2**

F&B: Bryan Taylor  
R/UP F&B: Bayden Walker  
TEAM PLAYER: Ty Germein

## **LADIES PROM 1**

WENDY WALES F&B: Sara Johnson  
R/UP F&B: Roberta Walton  
TEAM PLAYER: Roberta Walton

## **MENS PROV 2 GOLD**

F&B: Greg De Angelis  
R/UP F&B: Tim Price  
TEAM PLAYER: Tim Manning

## **LADIES PROV 2 GOLD**

F&B: Nicole Macri  
R/UP F&B: Megan Donovan  
TEAM PLAYER: Roberta Waretini- Roberts

## **MENS PROV 4 GOLD**

F&B: William Thorpe  
R/UP F&B: Chris Nolder  
TEAM PLAYER: John Dixon

## **LAIES PROV 3 GOLD**

F&B: Meagan Phelan  
R/UP F&B: Caitlin Ellingson  
TEAM PLAYER: Sam Lomax

## **MENS PROV 4 SAND**

F&B: Richard Pertwee  
R/UP F&B: Lee Hansord  
TEAM PLAYER: David Grov

## **LADIES PROV 4 GOLD**

F&B: Gazelle Verster  
R/UP F&B: Georgi Jackson  
TEAM PLAYER: Georgi Jackson

## **MENS O/50 DIV 3**

F&B: Ken Donovan  
R/UP F&B: Ian Yendell  
TEAM PLAYER: Gary Mcrae

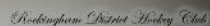
## **LAIES O/35 DIV 3**

F&B: Sunette Almeida  
R/UP F&B: Elleke Bosworth  
TEAM PLAYER: Lisa Guest

# *Congratulations*

**...PAUL YOULDEN  
2019 RDHC LIFE MEMBER**

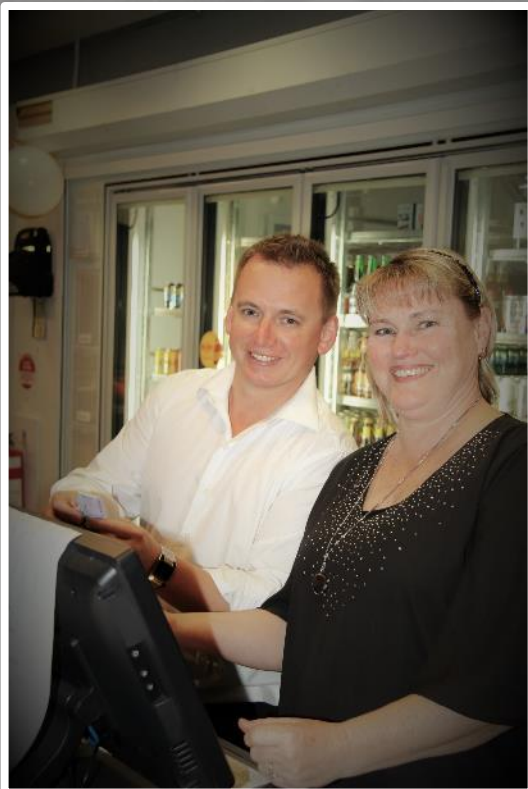




## NIGHT 2019













**THANKS TOM!**

ROCKINGHAM DISTRICTS HOCKEY CLUB

# CASINO ROYALE

25TH MAY 2019  
7PM FOR A 7:30PM START



# CASINO ROYALE

25<sup>TH</sup> MAY 2019  
7PM FOR A 7:30PM START



ROCKINGHAM DISTRICTS HOCKEY CLUB

# CASINO ROYALE

25<sup>TH</sup> MAY 2019  
7PM FOR A 7:30PM START



# WESTERN NIGHT

ROCKINGHAM DISTRICTS HOCKEY CLUB'S

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★



ROCKINGHAM DISTRICTS HOCKEY CLUB'S

# WESTERN NIGHT

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★



# ROCKINGHAM DISTRICTS HOCKEY CLUB'S WESTERN NIGHT



# ROCKINGHAM DISTRICT HOCKEY CLUB

HOME OF THE

# RED BACKS



This yearbook is absolutely bursting with photos from our clubs 2019 exploits.

Thank you so much to everyone who sent me a picture (or 600!), a match or team report (or Wardy's Pulitzer entries) and who tolerated my camera in their face at social events (dangly sticker thing and all).

The contributions have been from members themselves, their family and their friends. The list is large and so is my appreciation but it would be remiss of me not to specially thank the indispensable Kaylee Mostyn, for whom without, the Digital Trophy Cabinet would not of been possible.

By embracing the yearbook and the newsletter, you are a part of building RDHC history and legacies for now and for 'ron. Please keep up that enthusiasm so we can continue to record the growth of our Lark Hill family. You can send the goodies here...

[rdhcnewsletter@outlook.com](mailto:rdhcnewsletter@outlook.com)

Thanks again RDHC Community,  
see you in 2020

- Editor George

**OUR FRONT COVER  
ACROBAT!**



WITH MUCH APPRECIATION, RDHC WOULD LIKE TO THANK ALL OUR SPONSORS FOR THEIR ENDORSEMENT IN 2019.  
WE ASK OUR MEMBERS TO SUPPORT THE BUSINESS THAT SUPPORTS YOUR CLUB

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Member for Warnbro

Minister for Tourism, Racing and Gaming; Small Business; Defence Issues; Citizenship and Multicultural Interests

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SENIOR DIRECTOR Derek Robinson

COACHING DIRECTOR Ian Healy

UMPIRE DIRECTOR Jade Vorenberg

DEVELOPMENT OFFICER John Wood

FACILITIES DIRECTOR Joy Cox

COMMUNICATIONS DIRECTOR VACANT

**"...Our 2019 Board wishes to thank the RDHC Members and Community for their support ..."**

*Thank you...* Redbacks for another impressive year.  
**Be safe, be happy and see you all in the 2020 season.**

**"...Our 2020 Board looks forward eagerly to continue to build upon the established foundations of our great club..."**

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